# WELCOME Date:

## **Patient Information**

| Name:                | Last                            | First                  | MI                         |
|----------------------|---------------------------------|------------------------|----------------------------|
| Email address:       |                                 |                        |                            |
| Mailing Address:     |                                 | City                   | State Zip                  |
| Phone #              | (H)                             | (W)                    | (Other)                    |
| Can we call you at   | work? 🛛 Yes 🔹 No                |                        |                            |
| Date of Birth:       | Sex: [                          | I Male 	☐ Female 	SS   | #:                         |
| Marital Status:      | □ Single □ Married □ Divore     | ced 🛛 Widowed 🖵 Sep    | arated D Minor             |
| Race                 | Caucasian African American      | Asian D Native America | n 🛛 Latin American 🖾 Other |
| Ethnicity            | 🗅 Hispanic 🗅 Latino 🗅 Non-Hispa | nic / Non-Latino       |                            |
| Occupation:          |                                 | Employer:              |                            |
| Employer Address     | :                               | Ph                     | one:                       |
| How did you hear     | about our practice?             |                        |                            |
| Emergency contac     | t: Name:                        | Relation:              | Phone #:                   |
| Phone #:             | (H)                             | _(W)                   |                            |
|                      | nformation                      |                        |                            |
| Is this visit due to | an accident? 🗖 Yes 🗖 No         |                        | o 🛛 Work 🖾 Other           |
| Has it been reporte  | d? 🗆 Yes 🗖 No                   | If yes, to whom?       |                            |
|                      | Information                     | D.O.B                  | .:                         |
| Relationship to pat  | ient (if other than self):      | Phone                  | #                          |
| Do you have health   | n insurance? 🛛 Yes 🖵 No         | Name of Carrier:       |                            |
| Do you have secon    | ndary insurance? 🛛 Yes 🖵 No     | Name of Carrier:       |                            |
|                      | PLEASE PROVIDE THIS OF          | FFICE WITH A COPY OF   | YOUR INSURANCE CARD(S)     |
| SIGNATURE (X         | )                               | DAT                    | E                          |

Form 2

#### **ASSIGNMENT OF HEALTH PLAN BENEFITS AND RIGHTS** AS WELL AS AN APPOINTMENT AND/OR DESIGNATION AS AN ERISA/PPACA REPRESENTATIVE AND A **BENEFICIARY**

I understand and agree that (regardless of whatever health insurance or medical benefits I have), I am ultimately responsible to pay \_\_\_\_\_\_ as well as all employees, employers, representatives, and agents thereof, (hereinafter collectively referred to as "Healthcare Provider") the balance due on my account for any professional services rendered and for any supplies, tests, or medications provided.

I hereby authorize payment of, and assign my rights to, any health insurance or medical plan benefits directly to Healthcare Provider for any and all medical/healthcare services, supplies, tests, and/or medications that have been or will be rendered or provided; as well as designating and appointing Healthcare Provider as my beneficiary under all health insurance or medical plans which I may have benefits under.

I hereby authorize the release of any health status, conditions, symptoms or treatment information contained in your records that is needed to file and process insurance or medical plan claims, to pursue appeals on any denied or partially paid claims, for legal pursuit as to any unpaid or partially paid claims, or to pursue any other remedies necessary in connection with same.

I hereby assign directly to Healthcare Provider all rights to payment, benefits, and all other legal rights under, or pursuant to, any health plan (including, but not limited to, any ERISA plan, PPACA plan, or insurance contract) rights that I (or my child, spouse, or dependent) may have under my/our applicable health plan(s) or health insurance policy(ies). I also hereby appoint and designate that Healthcare Provider can act on my/our behalf, as my/our representative, ERISA representative, or PPACA representative as to any claim determination, to request any relevant claim or plan information from the applicable health plan or insurer, to file and pursue appeals to obtain benefits and/or payments that are due to either Healthcare Provider, myself, and/or my family members as a result of services rendered by Healthcare Provider, and to pursue any and all remedies to which I/we may be entitled, including the use of legal action against the health plan or insurer. I hereby also declare that Healthcare Provider is my/our beneficiary regarding my/our health plan as contemplated by ERISA and PPACA, and that Healthcare Provider can pursue any and all rights that I/we may have under state and/or federal law regarding my/our health plan. This assignment and/or designation will remain in effect unless revoked in writing. A photocopy or scan or this document is to be considered as valid and as enforceable as the original.

Signed this \_\_\_\_\_ day of \_\_\_\_\_ 20 \_\_\_\_.

X\_\_\_\_\_(patient signature)

(please print patient name)

X\_\_\_\_\_(signature of Guardian if applicable)

### **Informed Consent to Care**

A patient coming to the doctor gives him/her permission and authority to care for them in accordance with appropriate test, diagnosis, and analysis. The clinical procedures performed are usually beneficial and seldom cause any problem. In rare case, underlying physical defects, deformities or pathologies may render the patient susceptible for injury. The doctor, of course, will not provide specific healthcare, if he/she is aware that such care may be contraindicated. It is the responsibility of the patient to make it known or to learn through health care procedures from whatever he/she is suffering from: latent pathological defects, illnesses, or deformities, which would otherwise not come to the attention of the physician. This office does not perform breast, pelvic, prostate, rectal, or full skin evaluations. These examinations should be performed by your family physician, GYN, and dermatologist to exclude cancers, abnormal skin lesions that should undergo biopsy/removal or other treatments. This clinic does not provide care for any condition (such as high blood pressure, diabetes, high cholesterol) other than those addressed in your physical medicine care plan. We also do not prescribe or refill ANY controlled substances. All prescriptions should be refilled by your original prescriber and any new prescriptions should be issued by your primary care provider.

The patient assumes all responsibility/liability if the patient does not report on health forms any past medical history, illnesses, medicines, or allergies.

I agree to settle any claim or dispute I may against or with any of these persons or entities, whether related to the prescribed care or otherwise, will be resolved by binding arbitration under the current malpractice terms which can be obtained by written request.

Sign here: X\_\_\_\_\_\_ I have read and understand the above consent form.

#### ACKNOWLEDGEMENT OF RECEIPT OF NOTICE OF PRIVACY PRACTICES

I acknowledge that I have reviewed the Notice of Privacy Practices of \_\_\_\_\_\_. (Please initial one of the following options and sign below.)

I wish to receive a paper copy of Privacy Notice.

I do not request a copy of the Privacy Notice at this time. I acknowledge that I can request a copy at any time and the Privacy Notice is posted in the office. If I should have a problem or question in regard to my rights, I may speak with the Privacy Officer about my concerns.

This serves a notice that as part of our efforts to deliver the most consistent healthcare we can to every patient, we use an electronic healthcare system that enables us to retrieve up to 13 months of prescription history through your insurance carrier.

I acknowledge that it is the policy of this office to leave reminder messages on my answering machine or with another person in my home. I may make a request of an alternative means of communication (within reason) in writing.

Х Signature of Patient/Guardian X\_\_\_\_\_ Witness (Office Staff)

Date

Date

### **Review of Systems**

| ame_ |   |                                  |          | Dat | te  |
|------|---|----------------------------------|----------|-----|---|
| ·    |   |                                  |          |     |   |
| Y    | Ν | Neurological                     | Y        | Ν   | Skin  |
|      |   | Migraines                        |          |     | Eczema                                      |
|      |   | Headaches                        |          |     | Dermatitis                                  |
|      |   | Slurring of speech               |          |     | Excessive Sweating                          |
|      |   | Ringing in Ear                   |          |     | Rashes                                      |
|      |   |                                  |          |     | Brittle Nails                               |
|      |   | Ear/Nose/Throat                  |          |     | Hair Loss                                   |
|      |   | Altered taste/smell              |          |     | Easy Bruising                               |
|      |   | Night Blindness                  |          |     | Increased Bleeding                          |
|      |   | Sore Throat                      |          |     | Numbness/tingling                           |
|      |   | Gingivitis                       |          |     |   |
|      |   | Nose bleeds                      |          |     | Genitourinary                               |
|      |   |                                  |          |     | Uterine fibroids                            |
|      |   | Cardiovascular                   |          |     | Ovarian cysts                               |
|      |   | Chest pain                       |          |     | Cancer (breast, ovarian, prostate, uterine) |
|      |   | Palpitations-racing heart beat   |          |     | Prostate problems                           |
|      |   | Swelling in hands/feet           |          |     |   |
|      |   | Anemia                           |          |     | Emotional/Mental                            |
|      |   |                                  |          |     | Depression                                  |
|      |   | Respiratory                      | <u> </u> |     | Anxiety                                     |
|      |   | Recurrent Respiratory Infections |          |     | Mood Swings                                 |
|      |   | Asthma                           |          |     | Irritability                                |
|      |   | Chest Congestion                 |          |     | Memory Loss                                 |
|      |   | Wheezing                         |          |     | Confusion                                   |
|      |   | Frequent Sneezing                |          |     |   |
|      |   |                                  |          |     | Energy                                      |
|      |   | GI                               |          |     | Fatigue                                     |
|      |   | Stomach Pains or Cramping        |          |     | Hyperactivity                               |
|      |   | Constipation                     |          |     | Restlessness                                |
|      |   | Reflux or Heartburn              |          |     | Insomnia                                    |
|      |   | Bloating                         |          |     | Decreased Libido                            |
|      |   | Gas                              |          |     | Stress                                      |
|      |   | Nausea or Vomiting               |          |     | <b>XX</b> / • 1 /                           |
|      |   |                                  |          |     | Weight                                      |
|      |   | Musculoskeletal                  |          |     | Decreased Appetite                          |
|      |   | Joint Pain                       |          |     |   |
|      |   | Arthritis                        |          |     | Inability to Lose Weight                    |
|      |   | Chronic pain                     |          |     | Food Cravings                               |
|      |   | Muscle Aches                     |          |     | Binge Eating                                |
|      |   |                                  |          |     | Water Retention                             |

Please check ALL options you have previously tried to assist in above symptoms:

- Over the counter medications
  - \_\_\_\_Prescriptions

- Consult with specialist \_\_\_\_\_ Supplements
- \_\_\_\_\_ \_\_\_\_\_Dietary Changes Alternative medication/treatment therapies \_\_\_\_\_
- \_\_\_\_Exercise

Have you ever had any type of food sensitivity or vitamin/mineral testing done? Y or N If yes, what?\_\_\_\_\_ When?\_\_\_\_\_

## Health Questionnaire

| Name:  | DOB:   | Home Phone #:   | Work Phone #:  |  |  |  |  |
|--|--|---|--|--|--|--|--|
| Address:   |  | City:   | StateZip:  |  |  |  |  |
| Occupation:  | # Hou  | rs/Week Currently Working:  |  |  |  |  |  |
| E-mail Address: Cell Phone #:  |  |   |  |  |  |  |  |
|  |  |   |  |  |  |  |  |
| Check off any of the following sympto  | ms you have ex   | xperienced in the past 6 mo   | nths:  |  |  |  |  |
| <ul> <li>Low Back Pain</li> <li>Pain between Shoulder Blades</li> <li>Neck Pain</li> <li>Tension/Headaches</li> <li>Fibromyalgia</li> </ul>  | □ Numbness/  |   | <ul> <li>Tired/Fatigued</li> <li>Difficulty Sleeping</li> <li>Allergies</li> <li>Digestive Problems</li> <li>Carpal Tunnel</li> </ul>  |  |  |  |  |
| OTHER (explain)  |  |   |  |  |  |  |  |
| Which of the above is the worst?   |  |   |  |  |  |  |  |
| How long have you had it?  |  |   |  |  |  |  |  |
| How often does it occur?   |  |   |  |  |  |  |  |
| What does it feel like ?(describe)   |  |   |  |  |  |  |  |
| What have you done that has helped this  | problem?   |   |  |  |  |  |  |
| What activities would you like to do if the  | nis was not a pr   | oblem?  |  |  |  |  |  |
| Does this cause you to be:<br>Moody<br>Irritable<br>Interrupt sleep<br>Restricted in your daily activities   | <ul> <li>Decision</li> <li>Poor attit</li> <li>Decrease</li> <li>Exhauste</li> </ul> |   | <ul> <li>Does this affect your life:</li> <li>□ Lose patience with spouse/children</li> <li>□ Restricted household duties</li> <li>□ Hinders ability to exercise or sports</li> <li>□ Interferes with ability to do hobbies or other activities</li> </ul> |  |  |  |  |
| <ul> <li>What have you tried to help relieve/ge</li> <li>♦ MedicationsHelped: Little Some</li> <li>♦ Physical TherapyHelped: Little Some</li> <li>♦ ChiropracticHelped: Little Some</li> </ul> | Much<br>ome Much   | oblem and how much did it         ◆ ExerciseHelped: Li         ◆ NutritionHelped: L         ◆ StretchingHelped: 1 | ttle Some Much<br>ittle Some Much  |  |  |  |  |
| OTHER  |  |   |  |  |  |  |  |
| Location   |  | Date:   | Apt:   |  |  |  |  |
|  |  |   | atment or prognosis for any condition that I may be<br>aarmless the therapist and/or clinic from any damage  |  |  |  |  |
| Signature:   |  | Date: /   | _/   |  |  |  |  |
| How did you hear about us?   |  |   |  |  |  |  |  |

Office Use Only: Date: \_\_\_\_\_ Time: \_\_\_\_\_ Screener: \_\_\_\_\_ Intake: Y / N Intake Type: \_\_\_\_ Location: CAN / WDK